

Owairaka Athletics Junior weekend competition & coaching calendar – Q1 2024

Some individual events tbc/subject to change. Additional entry fees may apply for competition events.

| Month | Day | Date | Event | Location | Time | Events |
|--------|----------|-----------|--|-----------------------|--------------------------|---|
| Jan-24 | Saturday | 20/1/2024 | McKinnon Shield 7, AAI Championships U14 - Masters | Waitakere | 1:00pm | 60, 100, 400, 1500, TJ, PV, SP, discus <i>Hurdles & Steeplechase championship events for athletes 12+ at 31 Dec 2024</i> |
| Jan-24 | Saturday | 27/1/2024 | Lydiard squad clinic TBC | Owairaka | 9.30-11.00 | AKL ANNIVERSARY WEEKEND |
| Feb-24 | Saturday | 3/2/2024 | Go Athletics - Meet 1 | Mt Smart | 9:00am to 1.00pm | SP, discus, LJ, HJ, 60, 150, 300, 600 |
| Feb-24 | Saturday | 10/2/2024 | Lydiard squad clinic | Owairaka | 9.30-11.00 | Jumps TBC |
| Feb-24 | Sunday | 18/2/2023 | Children CNW Championships | Waitakere | 9.00-3.00pm | All events |
| Feb-24 | Friday | 23/2/2024 | 7-14 AAI Championships | Mt Smart | 7:00pm to 9:30pm | All events distributed over 2.5 days |
| Feb-24 | Saturday | 24/2/2024 | 10-14 AAI Championships | Mt Smart | 8:00am to 4:00pm | All events distributed over 2.5 days |
| Feb-24 | Sunday | 25/2/2024 | 7-9 AAI Championships | Mt Smart | 8:00am to 4:00pm | All events distributed over 2.5 days |
| Mar-24 | Saturday | 2/3/2024 | Go Athletics - Meet 2 | Mt Smart | 9:00am to 1.00pm | SP, discus, LJ, HJ, 60, 150, 300, 600 |
| Mar-24 | Saturday | 9/3/2024 | AAI Junior Penthalon | Mt Smart | 9:00am to 4:00pm | 10-14: 200m, 800m, Long Jump, Shot Put & Discus; 7-9: 100m, Long Jump & Discus |
| Mar-24 | Saturday | 16/3/2024 | Owairaka club championships (also: NZ champs in WLG 14-17 March, incl U16 ie 13/14 in 2024) | Owairaka | 9:00-1 pm | Pentathlon/quadrathlon format - 100, 800, LJ, (HJ), shot |
| Mar-24 | Sunday | 17/3/2024 | Owairaka club championships (rain alternative) | Owairaka | 9:00-1 pm | Pentathlon/quadrathlon format - 100, 800, LJ, (HJ), shot |
| Mar-24 | Saturday | 23/3/2024 | McKinnon Shield (non scoring) - 12+ in 2024 AAI Combined Events Championships | Mt Smart | Sat 09:00am - Sun 3.00pm | Hexathlon for U14: 200m,HJ, LJ, SP, 80mH, 800m |
| Mar-24 | Sunday | 24/3/2024 | AAI Combined Events Championships | Mt Smart | Sat 09:00am - Sun 3.00pm | Hexathlon for U14: 200m,HJ, LJ, SP, 80mH, 800m |
| Mar-24 | Saturday | 30/3/2024 | Possible 12/13 Regional with Waikato - Easter | Massey Park, Papakura | | |